

Websites

ADHD360 - private ADHD clinic covering diagnosis and treatment

Autism Empowerment - devoted to enriching and empowering the lives of youth, adults and families within Autism and Autistic communities, promoting a culture of Autism Acceptance.

Autism Matters – support and services for Autistic adults, designed by Autistic adults

Counselling and Family Therapy Centre (CFTC) – various therapeutic approaches in psychotherapy and counselling services within the scope of systemic family therapy, specialist complex PTSD treatment, and marriage counselling paradigms

Family Hubs (in Cornwall) – family support and community health services for families with children aged 9months to 25years, including: early help, early years, education, health, parenting and services from voluntary and community sectors

Institute of Family Therapy – leading providers of family therapy and counselling for children, families and couples

National Autistic Society – support, guidance, advice and campaigns as well as campaigning to create a society that works for autistic people

Oxford ADHD & Autism Centre - specialist independent clinic for children and adults with ADHD, ASD, and related conditions e.g. specific learning difficulties, anxiety and depression

RSSF Training – supporting families and schools to develop their knowledge of autism and social communication conditions

Spectrum – expert, specialist care services for autistic adults and children

Support in Cornwall – the Autism and Wellbeing wheel can be used to find information about autism and guide finding the right support for children

Supporting Change in Partnership (SCIP) – solution focused, practical and preventative approach to improving outcomes for children and their family's needs

Temple Grandin - books, YouTube videos, articles and DVDs by Temple Grandin

The ADHD Foundation Neurodiversity Charity - integrated health and education service

The Art of Autism - a forum to connect with those who wish to employ creative abilities; for awareness, acceptance, educational events and the provision of opportunities for participants

The Curly Hair Project - helps people on the autistic spectrum and the people around them

Tony Attwood - books, articles, videos and podcasts on ASD

Trigger Pritchard- free resources